

Promoting Pupil and Staff Well-Being and Resilience

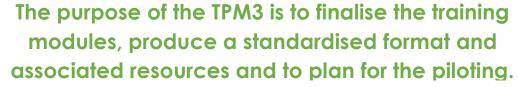
Newsletter No 3 – September 2022





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Assesing the project after its second life year

Finishing the second of the project's partnership and significant progress has been made in different fields. From holding a training activity of three days in Leeds with the all the partners to readjusting the Modules of Intellectual Output 1 to start with the testing, the partnership is making great steps towards truly promoting pupil and staff well-being and resilience.

The project extension has been approved and it will now finish at the end of July, so an updated Management Handbook will be provided to all partners to have it in mind till the end of the project.

The objectives of IO1, were to develop a scheme of work, training resources and sample lessons to be trialled in IO2. At this very moment, all the partners have presented materials and resources for the four modules proposed at the beginning of the project. The aim of these modules was to be used across the partnership, to provide a set of modules and resources that are ready to use. Given the difference in education systems and target groups, it may be that some activities will be more relevant than others and it will be at the discretion of partners how best to use them.





<u>batleymat.co.uk</u>





eduact.org



cpifpbajoaragon.com





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It is responsibility of the partners to ensure that the modules are easy to use by partners as a set of time limited training activities. So, after the review made in the last transnational meeting in Spain, a couple of overall conclusions have been made. Firstly Module 3 which covers more strategies issues would be better at the start as the current Module 1 is more specifically targeted at active intervention and the implementation of strategies. The other conclusion is that each Module could finish with a set of recommendations which then could inform Module 5 School Policy.







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Initial research and virtual training event leads to a pilot scheme of work

A brief resume of the changes decided among all the partners have been:

Module 1: Understanding well-being

This module has a clear focus on specific interventions and the activities are appropriate and just need rewording to turn into instructions or questions for consideration. The existing resources are external links and could be better put into an extension activity – for anyone wanting to know more.

Module 2: Supporting the well-being of young people

Batley had tried a model which was used in Pastoral time but the evaluation was that this model of training didn't work. This has now been evaluated and revised into a more traditional model that can be incorporated into the curriculum or as project activities. They have developed 6 lessons that focus on well-being, with accompanying assemblies. These can developed into 6 different projects. This module is a set of lesson plans for teachers to implement in the classroom. The first two will be ready by October half-term. Batley will send a questionnaire to partners to identify priorities for the 6 lessons.

Module 3 - Professional Development for Teachers and Support Staff

This module has 5 strands with a set of resources that have been developed. The last two strands are more relevant to best practice in Spain and could be turned into extension activities.

Module 4: Support for the well-being of school staff

As with the other modules, there is a clear set of objectives with some resources, the challenge is now to turn them into training activities where the trainees come forward with the suggestions. The initial quiz provides a good starting point and the outcome will be a list of strategies that can be adopted to improve the ethos of the school – some sub-heading could include exploring headings such as communication, technology, recognition, welcoming new staff and ensuring leadership teams are kept up to date. It is important to focus on what is manageable internally rather than external forces, such as pay or allocation of teachers.

Module 5: School policy

It was agreed that we will look at this Module after the others are completed in order to build on the recommendations that will come from the other modules. This is a different module in that it addresses a different target group, namely school leadership teams.

It was agreed that all Modules will be updated and uploaded onto the Cloud by the end of October for partners to look at before the Zoom meeting in early November Once these final drafts are available, edEUcation will produce a set of evaluation tools.



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Once the modules have been updated, the piloting can start. It will last from October to November. It is for each partner to decide how to manage the pilots, who will be involved, timescales and which elements of which modules to try out. In the initial application was set targets of involving 10 staff, be who can be teaching or non-teaching staff and 100 pupils. The pupils may be involved directly through lessons in Module 2, or indirectly through outcomes from the other Modules. For Norway the targets are 6 staff and 60 pupils, as their school is much smaller.

The final months of the project will focus on impact and dissemination. The project website is now live at https://wellbeingatschool.info/. It has a summary of the project and partnership and is set up to upload the final results, and items of news. Partners are asked to check the accuracy of the information that has been uploaded and also to draft their own language versions. Any updates should be sent to Viktor on v.mason@edeucation.com Also, it was agreed that the partners will use their own social media channels to disseminate the project tagging the rest and sharing pictures through MyCloud.

Next Meetings!

There will be a Zoom meeting on Monday 7th November 15.30 CET to look at the final drafts of the Modules and start the piloting. Partners only need one representative to attend the meeting, but others are welcome to join.

The next partner meeting will take place in Thessaloniki on 27th and 28th April 2023 and will look at the evaluations of the pilots, any updating required, the impact report, dissemination including the multiplier events, budget adjustments and the final reporting.

Transnational project meeting in Alcañiz, Spain

The partnership met in Alcañiz, Spain during September 2022 for the second transnational project meeting hosted by CPIFP Bajo Aragón. In this two day meeting, managerial, financial and organizational issues were discussed. The biggest theme of the gathering was the readjusting of the modules described in IO1 and the beginning of the piloting process as it has been explained above.

In between meetings, partners were welcomed by the board of the school, enjoyed a guided tour of its historic routes and tasted local delicacies. These experiences worked to the benefit of the group facilitating exchanges of culture, customs and practices amongst them.







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