# Teacher/Staff Workshop No1

# Main Activity Guide

***Creating Short Scenarios regarding troubled/vulnerable students***

The individual/team leading the activity should prepare before the workshop certain short scenarios regarding cases of troubled/vulnerable students. The scenarios should be customised to the region, community and respective school, making them more realistic and fruitful in the activity.

The activity Leader/s can focus on the vulnerability indicators below when constructing the scenarios :

- Students with disabilities

- Students with learning difficulties and/or hidden disabilities

- Marginalized/isolated students

- Visible Minority Groups (could be racial, ethnic, religious or relevant to sexual orientation and gender identification)

- Invisible Minority Groups (could be racial, ethnic, religious or relevant to sexual orientation and gender identification)

- Students facing financial difficulties

- Students facing family strain

It is also important to be aware that students may possibly be identified as ‘vulnerable’ for either a short or a longer period of time depending on the case. It may be the case that a given situation or series of events have deemed the student in need of extra support for some months, before returning to previous status after reaping the positive benefits no longer requiring assistance. It would be useful to include such cases to the activity as well.

***Short Scenario Example***

Vulnerable Student Q

Student Q has been isolating himself from his usual group of friends but also the whole classroom. His distinctive humour has disappeared and he hardly ever talks, including to his teachers both inside and outside the classroom. The student seems physically strained and spends a lot of time in the bathroom. He always wears a jacket and seems sleepy and unable to focus.

- Is this an example of emotional, physical, or mental health vulnerability and why?

Student Q is evidently facing both physical and mental difficulties with the possibility of one causing the other and vice versa. Frequent trips to the bathroom, sleepiness, inability to focus and feeling cold indicate lack of physical wellbeing while refraining from talking, joking and socializing both with adults and peers indicates mental strain. Measures should be taken to address both and research the possibility of them being intertwined.

*Discussion on how often this is encountered in the school, what it usually implies, what student profile is usually faced with such a scenario and why it is important to identify if it is an emotional/physical/or mental wellbeing case.*