

Promoting Pupil and Staff Well-Being and Resilience

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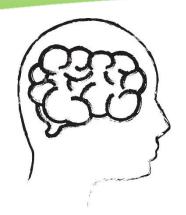


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Assessing the Partnership's Progress after the First Half of the Project's Lifetime

A year of the project's partnership has almost passed and significant progress has been made. From holding multiple organizational meetings to finalizing the Modules of Intellectual Output 1, the partnership is making great steps towards truly promoting pupil and staff well-being and resilience.

The objectives of IO1, that has now been finalized, are to develop a scheme of work, training resources and sample lessons to be trialled in IO2.

Here is each Module developed at a glance:

Module 1: Understanding well-being

This module develops an awareness of the signs and symptoms which affect well-being in young people. This module helps educational professionals understand well-being challenges faced by young people. This is linked to the diagnostic tool for school leaders, teachers and support staff to help the identification of young people at risk.

Module 2: Supporting the well-being of young people

This module covers the different types of well-being programmes such as Growth Mindsets, Thrive, SEAL in the UK and those used in other countries whilst exploring the potential gaps in the approaches and resources. This is used to develop age-appropriate schemes of work for PSHE or equivalent programmes in partner countries promoting well-being.

Module 3: Professional Development for teachers and support staff

This module equips both teaching and non-teaching staff in schools to provide effective well-being support for children. School staff will be equipped to understand some of the possible causes of challenging behaviour in young people who are experiencing social and emotional difficulties. Staff will develop strategies, using a coaching approach, to improve the well-being and resilience of young people.

Module 4: Support for the well-being of school staff

This covers the different types of well-being programmes such as the Going Home Early project, DfE recruitment and retention strategy in the UK and those used in other countries and their different uses. It provides support for the well-being and resilience of adults in schools.

Module 5: School policy

This module looks at the strategies which schools can take to design and embed a whole school improvement plan related to well-being and resilience. This includes support for young people and staff; staff professional development; working with parents, carers and external agencies. This module also provides an opportunity for school leaders to self-evaluate and celebrate best practice through an accreditation system.

Transnational Project Meeting in Silves, Portugal

The partnership met in Silves, Portugal during October 2021 for the first transnational project meeting hosted by Agrupamento Escolas de Silves. In this two day meeting, managerial, financial and organizational issues were discussed. The biggest theme of the gathering was the finalization of the modules described in IO1. Partners presented the latest versions of their work and refining comments were made, just before the digitization process begins.

In between meetings, partners met with the Mayor of the city, enjoyed a guided tour of its historic routes and tasted local delicacies. These experiences worked to the benefit of the group facilitating exchanges of culture, customs and practices amongst them.

Here is Silves seen through the eyes of the pupils:







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